

Student engagement is challenging to define as it is a complex construct influenced by multiple factors.

Fredericks, Blumenfeld and Paris (2004) identify three dimensions of engagement:

behavioural engagement

academic, social and extracurricular activities of the school

emotional engagement

school (a sense of belonging or connectedness to the school)

cognitive engagement

regulation).

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Engagement in learning includes active participation and engagement in learning, having functional skills to participate meaningfully in all aspects

nt as a learner and problem-solver; and having a sense of meaning.

Social and emotional wellbeing

includes positive mental health / absence of mental health problems; self-awareness; emotional intelligence; self-regulation; resilience; interpreting the world positively; pro-social values and behaviour.

Supportive relationships includes

having positive family bonds and friendship, ability to rely on a trusted adult, experiencing a sense of belonging, and engagement / involvement in age appropriate learning and activity.

Physical health includes physical health / absence of health problems; oral health; nutrition and weight; physical /

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